

Problems related to Tobacco and their management

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Tobacco

- Tobacco awareness is one of the important factors by which we can contribute for the better health of the society
- Tobacco can be used as smoking (Cigarettes, cigars, pipe tobacco, bidi etc) and smokeless form (chewing tobacco).
- Chewing tobacco (smokeless form of tobacco) is used as surti, khaini, gutakha and in pan.

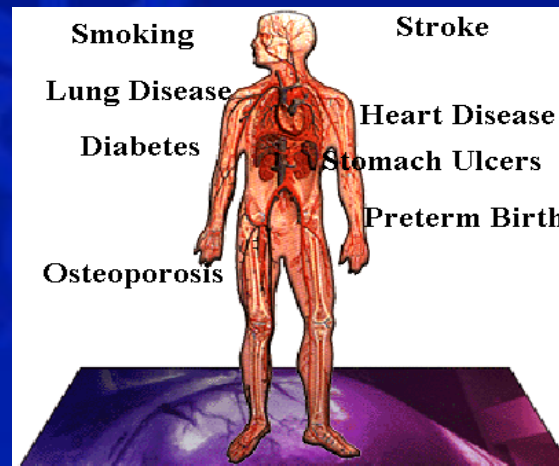


flavorings, preservatives, binders and chemicals.



Facts related to Tobacco

- Tobacco causes Oral diseases, Heart problems, Lung diseases, blindness, gastric problems, skin diseases and other problems.
- To create awareness regarding tobacco use and its harmful effect to the public.



Tobacco

- Tobacco - 13% male and 5% female death .
- Female- abortion, low birth weight of child, death of infants, cancer of uterus etc.
- Tobacco reduces the effects -medicine in body, reduces sports power of athletes, reduced smell power, respiration capacity and oral bad smell .
- Tobacco related killing is more than AIDS, TB in the world. ---Younger Age

Smoking

- In 6.5 second one smoker looses one's life.
 - Tobacco smoke contain -4000 chemical elements, 200 poison substances and 60 carcinogenic substance.
 - These are carbon monoxide, ammonia, cyanide, benzene, formaldehyde, methanol (wood alcohol), acetylene etc.

Smoking

- 90% of lung cancer is caused by smoking.
- Nicotine present in tobacco damages normal functioning heart and distort blood vessels,
- Brain stroke,
- Tobacco user reduces his/her age up to 10 years of total duration of owns life.

Passive Smoking

- Smoking person pollute environment, dangerous for public,
- Their family members and friends indirectly smoke due to smoking person which is equally dangerous.

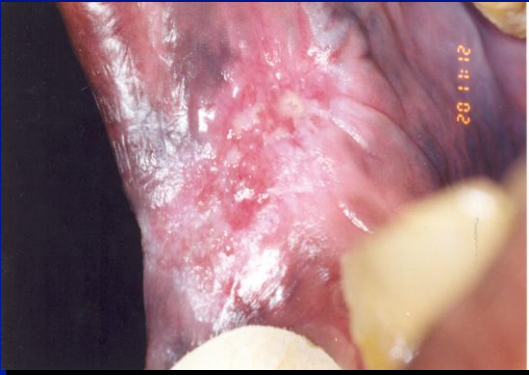
Chewing Tobacco

- Chewing tobacco ingredients -28 Cancer Causing Carcinogens. Acetaldehyde, Arsenic: Benzopyrene, Cyanide. Formaldehyde, Lead, Nicotine: Nitrosamines etc.
- Chewing tobacco more concentration of nicotine entered in body due to localized lengthy exposure.

Oral Cancer

- Oral Cancer -10th most common cause of death.
- 95% of oral cancer is due to use of tobacco,
- > 1 lac patients per year detected per year.
- Total number of cases in India itself is more than 20 lac. More than 2,200 deaths per day are tobacco related.

- Awareness of Tobacco related diseases is done seriously by social worker, health professionals.



E-Cigarettes

- - it can cause severe stated problems.

Management



Awareness of Tobacco related diseases

The treatment of cancer can be treated by surgical, by medicine, Radiation therapy.

If it is detected in initial stage (pre cancer stage) it can be effectively managed


Major preventive/positive work by Indian Government

- WHO framework convention on tobacco control (FCTC) came into force in 2005, India adopted it, accordingly -
 - Higher tobacco taxes, large pictorial warning, and Effective mass media, public education campaigns on tobacco harms.

Major preventive/positive work by Indian Government

- Cigarettes and other tobacco products (COTPA) Act 2003 prohibit advertisements promotion and sponsorship in films and TV.
- Most of state Government bans tobacco near higher education center- an appreciable efforts.
- Tobacco free educational centre-directives

Conclusion



Our attempt must be to
reduce use of Cigarette
consumption and
chewing tobacco for
healthy society.



*Thank
You*

